

Menstrual hygiene management kit (MHM)

One kit contains the essential menstrual hygiene items to cover the needs of a menstruating person for up to three months.



Standard content



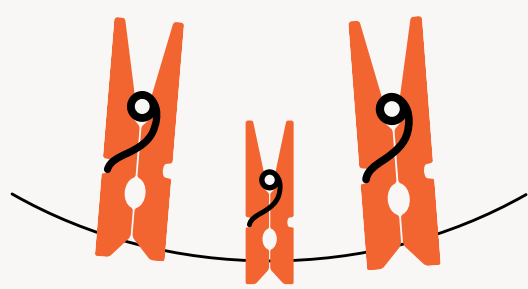
Disposable sanitary pads



Female underwear (panty)



*Detergent/
Washing Powder*



*Clothes
pegs + string*



*Bath soap +
plastic holder*

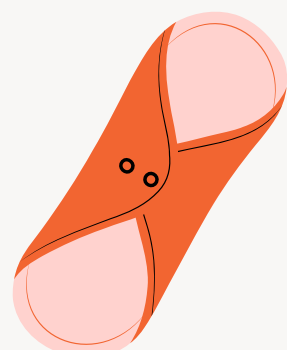


Leaflet

Variable content



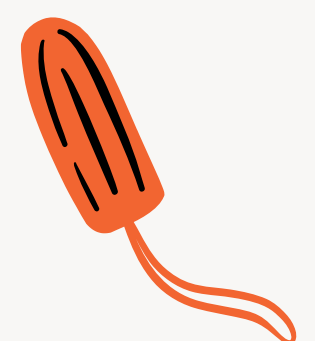
*Disposable
sanitary pads*



*Reusable
menstrual Pads*



*Menstrual
cups*



Tampons